


Dhamma in life's journey



Sakyamuni enlightened humanity with Dhamma sublime.
 His wish was for everyone not to know what is cruelty – crime
 His wish was not just to acquire knowledge and store it in one's head
 But to understand and apply it to one's life's noble lead.
 Apply it for successful righteous living sans any kind of riot
 Dhamma is a practical guide for religious living, calm and quiet
 The emphasis is more on practise than theory
 And it's application to life, to secure its full mastery
 According to the Dhamma life is the most precious
 gift to all-man and the rest
 Throughout his teachings he placed the human being at its highest and best
 He placed the human being or the individual in very high esteem
 Because the human being towers above all other beings
 Dhamma, a great faith is centred around the individual and his welfare
 There is nothing for humanity that he would not bear
 Dhamma stands throughout for Buddha's moral and philosophical teachings
 meant to 'come and see' and not come and believe the gist of his preachings
 He insisted on Ehi Passiko to see and realise an open invitation
 To investigate the truth, essence and validity with no hesitation
 The noble principles the doctrine consists of the discourses the
 disciplinary code
 which the Buddha upheld during 45 years, not confined to a single abode.
 In Dhamma the moral code offered helped one in life to be wise
 Throughout their life and even after their demise
 Dhamma when fully cultivated raises man to high levels of mentality
 Leading him from darkness to light, from distress to tranquillity
 When Dhamma is strictly observed leads man to spiritual height
 Keeping away all kinds of evil from his sight.
 With proper guidance Dhamma relieves one from chaos and stress
 The universal truth if disregarded can spell damage and mess
 Buddha gave Dhamma freely and equally to all
 In his long journey of Dhamma he left out no soul.

- Rupa Banduwardena