## Sangha - The Most Venerable

The last component of the Triple Gem - Sangha treated with reverence Is a group of monks committed to Dhamma in its wider sense Sangha means an assembly of learned monks in reality Devoted to observe and follow the doctrine to the best of their ability They sacrifice their material comforts valuable time and energy Their characteristics are not found in any one, but the Buddhist clergy They serve the Buddhists spread far and wide across the globe They are best recognised in their coloured robe. They comfort the sick, the bereaved, the aged and the helpless Their love and compassion is limitless and boundless They occupy a very high place in lay minds They are well supported materially by the laymen of the right kind The Buddha welcomed all into his fold as he gave no recognition to birth, caste and creed as well as social distinction During early years to control the order there was no constitution But the Buddha was there to guide them in their quest for liberation. The Sangha was well guided disciplined and well monitored In early stages moral and spiritual behaviour was strictly adhered No matter what their differences were, they upheld their identity At the same time showing that they belonged to one single entity. The Buddha insisted the sangha to maintain discipline in the highest level To achieve emancipation not going against the laws that prevails Moderation in food intent on higher thoughts and secluded abode In addition to arrest indiscipline he introduced a disciplinary code The Buddha preached a discourse known as 'Ovada Patimokka' Establishing the tradition of Sangha coming together before the rules of vinaya It is said to have created a Sangha Samaja very disciplined and orderly guiding Sangha life covering the entire sphere of conduct and progress morally Sangha had two responsibilities in their life to bear To remain celebrate and carry his message to the masses sans fear During Buddha's time they were genuinely suited to be Sangha spiritually And also well qualified to serve the people intellectually During Buddha's time, To Sangha we owe a deep debt of gratitude for preserving Dhamma as well as their positive attitude.

- Rupa Banduwardena

## **POEMS**

## **Blessed**

Luxurious rosy and creamy hues Adorn her soft tender skin. Pink lips shaped like petals, Dark beautiful angelic eyes open wide And look up at me in deep contemplation With adorable varying expressions My beautiful daughter Bundled in my arms A miracle, a true divine gift It's so surreal to finally have her close. To actually be able to see and hold her And hear the sweet sounds she makes, Kiss her soft rosy cheeks And bask in that indescribable feeling Of love, tenderness, ecstasy And absolute gratitude; Our beautiful new member. My little new daughter It's overwhelming Extraordinary So miraculous to have you It's such a beautiful feeling darling To be your mother

F Sajida Naina Marikar Hazim

